

# *The* POWER TO QUIT *is* INSIDE *you*

*It's*  
NEVER TOO LATE  
*to* QUIT *smoking*  
*for you and your baby.*

Get **FREE** help quitting tobacco today.  
The Montana Tobacco Quit Line offers:

- A **FREE** personalized quit plan
- **FREE** educational materials
- **FREE** phone coaches
- **FREE** nicotine replacement therapy (*available for qualified individuals over 18 who are enrolled in the program, not available during pregnancy.*)

MONTANA TOBACCO

**QUIT** **LINE**  
1-800-QUIT-NOW  
[www.TobaccoFree.mt.gov](http://www.TobaccoFree.mt.gov)

**Quit Tobacco Today!**  
*Call the Montana Tobacco Quit Line*

# 1-800-QUIT-NOW